

Patient Name: _____ Date: _____

Male Health History Form (Page 1):

Please answer the following questions as they relate to you, past or present:

1. Are you able to have a morning erection every morning? No. Yes.
2. Do your erections maintain their usual fullness? No. Yes.
3. Do your erections sustain for a normal duration? No. Yes.
4. Have you noticed spells of mental fatigue? No. Yes.
5. Has your libido or sex drive decreased? No. Mildly. Moderately. Severely reduced or non-existent.
6. Do you have trouble concentrating? Never. Occasionally. Sometimes. Very often.
7. Do you have episodes of depression? Never. Occasionally. Sometimes. Very often.
8. Have you noticed decreased physical stamina? No. Yes.
9. Do you experience muscle soreness (not related to exercise)? No. Yes.
10. Have you had an unexplained weight gain? No. Yes.
11. Have you had episodes of sweating in unexpected situations? No. Yes.
12. Are you experiencing emotional outbursts? No. Yes.
13. Have you noticed a need to urinate much more frequently than before? No. Yes.
14. Are you experiencing urine dribbling throughout your day? No. Yes.
15. Do you need to strain to start your urinary stream? No. Yes.
16. When you urinate, can you completely empty your bladder? Only a small amount. About half can come out. Yes.
17. Does the need to urinate wake you up at night? No. Yes. If yes then how often? _____.
18. Do you experience a sudden & urgent need to urinate quickly? No. Yes.
19. Is it difficult to initiate a urinary stream? No. Yes.
20. Have you noticed pain inside your legs? No. Yes.
21. Have you noticed pain inside your heels? No. Yes.
22. Do your legs get nervous at night? No. Yes.
23. Do you experience uncontrollable urinary leaking from a full bladder that does not empty well? No. Yes.
24. Are you sometimes unaware that your bladder is full until it starts to leak? No. Yes.
25. Is the urge to urinate come on suddenly and very intense, but voiding is never complete? No. Yes.
26. When you urinate do you experience an intense need, but only a small dribble? No. Yes.
27. Have you observed any abnormal sweating? No. Yes.
28. Have you experienced recent headaches? No. Yes, describe: _____.
29. Do you also experience difficulty with controlling bowel movements? No. Yes.
30. Does your ejaculation or orgasm occur earlier than desired by you and your partner? No. Yes. Not applicable.
31. If yes to #30, is this a lifelong problem? No. Yes.
32. If yes to #30, is this associated with anxiety of another problem? No. Yes, explain: _____.
33. If yes to #30, is this associated with any major life stressors? No. Yes, explain: _____.
34. If yes to #30, does this ever prevent sexual intercourse from occurring? No. Yes.
35. If yes to #30, does this occur with self stimulation (masturbation)? No. Yes.
36. On average, how long does it take for your climax reached after sexual intercourse is initiated? Less than 1 minute. 1-2 minutes. 2-10 minutes. 10-20 minutes. 20 minutes or more. Not applicable.
37. Anything else? _____

Doctor's Notes: _____

Doctor's Initials: _____