

Patient Name: _____ Date: _____

Accidental Fall Health History Form (Page 1):

Date of the injury: _____. Approximate time of the injury: _____.

The Accident

Where were you when you fell?

Was this fall: Sports related. From the stairs. From a curb. From an escalator. Other:

Did you fall onto a different level from which you were standing? No. Yes.

Would you describe the mechanism of your fall as involving a: Slip. Trip. Stumble. Collision with another person or object. Push. Shove. Struck by an object or person. Other:

Please describe how the accidental fall occurred in your own words: _____

After the accident did you strike anything else? No. Yes. If yes, describe: _____

Did the police arrive? No. Yes. If yes, was a report made? _____

Injuries:

Were you aware of the accident as it occurred? No. Yes. If yes, then did you brace your arms and legs? No. Yes. Did you lose consciousness at any point during or after the fall? No. Yes.

What part of your body struck the ground? No. Yes. If yes explain: _____

Did your body strike anything else on the way to the ground? No. Yes. If yes explain: _____

Did you have any pain as a result of the collision? No. Yes. If yes explain: _____

Did you suffer any bruises, cuts, or broken bones from the collision? No. Yes. If yes explain: _____

Did you suffer any of the following symptoms (mark all that apply)? Dizziness. Light headedness. Severe headache. Vertigo. Blurry vision. Confusion. Memory loss. Extreme drowsiness. Difficulty with focus or concentration. Sensitivity to light. Visual disturbances. Nausea. Vomiting. Muscle weakness. Numbness or tingling. Ringing in ears. Difficulty sleeping. Difficulty with speech. Feelings of depression or sadness. Feelings of nervousness or anxiety. Crying for no reason. Other: _____

Doctor's Notes: _____

Doctor's Initials: _____

Accidental Fall Health History Form (Page 2):

Medical History

Did you go to the hospital after the accident? No. Yes. If yes, please answer the five questions below:

1. Did you travel by: Ambulance? Your car? Another car?
2. How long after the accident did you arrive at the hospital? _____.
3. How did you leave the hospital? Someone drove me. drove myself.
4. Were x-rays or other imaging procedures performed? No. Yes. If yes, explain: _____
5. Did you receive treatment or any prescription/medications at the hospital? No. Yes. If yes, explain: _____

Other than the hospital, have you visited any other health care providers since the accident? No. Yes. If yes, explain (include names and phone numbers): _____

Have you ever been involved in an accidental fall before? No. Yes. . If yes, please answer the five questions below:

1. When and where did the fall(s) occur?
If more than 3, please ask for another sheet of paper
 - a. _____
 - b. _____
 - c. _____
2. Who did you see for care?
If more than 3, please ask for another sheet of paper
 - a. _____
 - b. _____
 - c. _____
3. What type of care did you receive?
If more than 3, please ask for another sheet of paper
 - a. _____
 - b. _____
 - c. _____
4. Did all of your symptoms resolve from the above mentioned accidental fall(s)? No. Yes. If not, what symptoms persisted? _____
Did any remaining symptoms affect your daily activities in any way? No. Yes. If yes, explain: _____

Doctor's Notes: _____

Doctor's Initials: _____

Motor Vehicle Accident Health History Form (Page 3):

Impact on Your Life:

Please mark the activities below that have been adversely affected, or are difficult to perform, since your motor vehicle accident.

Domestic Activities:

- | | | | |
|-----------------------------------|--|--|------------------------------------|
| <input type="checkbox"/> Cleaning | <input type="checkbox"/> Folding laundry | <input type="checkbox"/> Moving items | <input type="checkbox"/> Standing |
| <input type="checkbox"/> Cooking | <input type="checkbox"/> Getting into/out of bed | <input type="checkbox"/> Lifting objects | <input type="checkbox"/> Vacuuming |
| <input type="checkbox"/> Eating | <input type="checkbox"/> Holding bowls or cups | <input type="checkbox"/> Sitting down | <input type="checkbox"/> Other: |

Personal Care Activities:

- | | | | |
|--|--|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> Combing hair | <input type="checkbox"/> Nail care | <input type="checkbox"/> Toilet care | <input type="checkbox"/> Shaving |
| <input type="checkbox"/> Brushing teeth | <input type="checkbox"/> Showering | <input type="checkbox"/> Bathing | <input type="checkbox"/> Gargling |
| <input type="checkbox"/> Applying makeup | <input type="checkbox"/> Shampooing hair | <input type="checkbox"/> Dressing | <input type="checkbox"/> Other: |

Relationship Activities:

- | | | | |
|----------------------------------|--|---|---------------------------------|
| <input type="checkbox"/> Hugging | <input type="checkbox"/> Laughing | <input type="checkbox"/> Sexual activity | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Kissing | <input type="checkbox"/> Holding hands | <input type="checkbox"/> Personal relationships | |

Child Care Activities:

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Carrying your child | <input type="checkbox"/> Bathing your child | <input type="checkbox"/> Packing lunch | <input type="checkbox"/> Pushing a stroller |
| <input type="checkbox"/> Changing diapers | <input type="checkbox"/> Breast feeding | <input type="checkbox"/> Picking up your child | <input type="checkbox"/> Toweling after bath |
| <input type="checkbox"/> Washing/shampooing | <input type="checkbox"/> Bottle feeding | <input type="checkbox"/> Playing with your child | <input type="checkbox"/> Other |
| <input type="checkbox"/> Entertaining your child | <input type="checkbox"/> Rocking your child | <input type="checkbox"/> Hugging your child | |

Sports & Athletic Activities:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Aerobics | <input type="checkbox"/> Football | <input type="checkbox"/> Racquet sports | <input type="checkbox"/> Table tennis |
| <input type="checkbox"/> Archery | <input type="checkbox"/> Golf | <input type="checkbox"/> Rafting | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Baseball | <input type="checkbox"/> Gymnastics | <input type="checkbox"/> Rollerblading | <input type="checkbox"/> Walking |
| <input type="checkbox"/> Badminton | <input type="checkbox"/> Handball | <input type="checkbox"/> Rock climbing | <input type="checkbox"/> Waterskiing |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Horseback riding | <input type="checkbox"/> Roller skating | <input type="checkbox"/> Weight training |
| <input type="checkbox"/> Biking | <input type="checkbox"/> Hunting | <input type="checkbox"/> Rugby | <input type="checkbox"/> Wind surfing |
| <input type="checkbox"/> Boogie boarding | <input type="checkbox"/> Ice skating | <input type="checkbox"/> Soccer | <input type="checkbox"/> Working out |
| <input type="checkbox"/> Bowling | <input type="checkbox"/> Jet skiing | <input type="checkbox"/> Softball | <input type="checkbox"/> Wrestling |
| <input type="checkbox"/> Camping | <input type="checkbox"/> Jogging | <input type="checkbox"/> Snowmobiling | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Canoeing | <input type="checkbox"/> Martial arts | <input type="checkbox"/> Snowboarding | <input type="checkbox"/> Yoga |
| <input type="checkbox"/> Cross country skiing | <input type="checkbox"/> Mountain biking | <input type="checkbox"/> Surfing | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Down hill skiing | <input type="checkbox"/> Pilates | <input type="checkbox"/> Swimming | _____ |

Social Activities:

- | | | | |
|---|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Religious practices | <input type="checkbox"/> Movies | <input type="checkbox"/> Shopping | <input type="checkbox"/> Going out |
| <input type="checkbox"/> Picnics | <input type="checkbox"/> Eating out | <input type="checkbox"/> Music events / concerts | <input type="checkbox"/> Reading |
| <input type="checkbox"/> Sightseeing | <input type="checkbox"/> Entertaining | <input type="checkbox"/> Dancing | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Visiting friends/relatives | <input type="checkbox"/> Vacationing | <input type="checkbox"/> Walking | _____ |

Doctor's Notes: _____

Doctor's Initials: _____

Motor Vehicle Accident Health History Form (Page 4):

General Household Activities:

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Mowing the lawn | <input type="checkbox"/> Yard work | <input type="checkbox"/> Car maintenance | <input type="checkbox"/> Shoveling snow |
| <input type="checkbox"/> Fertilizing | <input type="checkbox"/> Clearing brush | <input type="checkbox"/> Washing car | <input type="checkbox"/> Taking out the trash |
| <input type="checkbox"/> Tree trimming | <input type="checkbox"/> Raking | <input type="checkbox"/> Using tools | <input type="checkbox"/> Walking the dog |
| <input type="checkbox"/> Watering the lawn | <input type="checkbox"/> Cleaning the gutters | <input type="checkbox"/> Painting | <input type="checkbox"/> Caring for pets |
| <input type="checkbox"/> Weeding | <input type="checkbox"/> Spraying | <input type="checkbox"/> Hammering | <input type="checkbox"/> Other |

Activities that Impact your Career:

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Attendance at work | <input type="checkbox"/> Grasping actions | <input type="checkbox"/> Prolonged walking | <input type="checkbox"/> Stairs |
| <input type="checkbox"/> Performance at work | <input type="checkbox"/> Group tasks | <input type="checkbox"/> Perform required tasks | <input type="checkbox"/> Telephone operation |
| <input type="checkbox"/> Bending activities | <input type="checkbox"/> Heavy work | <input type="checkbox"/> Pushing actions | <input type="checkbox"/> Tool operation |
| <input type="checkbox"/> Bookkeeping | <input type="checkbox"/> Keyboarding | <input type="checkbox"/> Pulling actions | <input type="checkbox"/> Transportation to work |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Lifting objects | <input type="checkbox"/> Reaching actions | <input type="checkbox"/> Writing |
| <input type="checkbox"/> Concentration | <input type="checkbox"/> Machine operation | <input type="checkbox"/> Reading | <input type="checkbox"/> Working on a computer |
| <input type="checkbox"/> Data entry | <input type="checkbox"/> Memory | <input type="checkbox"/> Repetitive motion | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Driving | <input type="checkbox"/> Operating a mouse | <input type="checkbox"/> Safety is affected | _____ |
| <input type="checkbox"/> Fine visual work | <input type="checkbox"/> Prolonged sitting | <input type="checkbox"/> Shoulder checking | _____ |
| <input type="checkbox"/> Forceful exertion tasks | <input type="checkbox"/> Prolonged standing | <input type="checkbox"/> Speech | _____ |

General Movement Activities:

- | | |
|--|--|
| <input type="checkbox"/> Movements requiring neck strength or motion | <input type="checkbox"/> Movements requiring upper back strength or motion |
| <input type="checkbox"/> Movements requiring mid back strength or motion | <input type="checkbox"/> Movements requiring lower back strength or motion |
| <input type="checkbox"/> Movements requiring hand strength or motion | <input type="checkbox"/> Movements requiring wrist strength or motion |
| <input type="checkbox"/> Movements requiring elbow strength or motion | <input type="checkbox"/> Movements requiring shoulder strength or motion |
| <input type="checkbox"/> Movements requiring hip strength or motion | <input type="checkbox"/> Movements requiring knee strength or motion |
| <input type="checkbox"/> Movements requiring ankle strength or motion | <input type="checkbox"/> Movements requiring foot strength or motion |

Thank you for taking the time to fill out this health history questionnaire. This information is important in the doctor obtaining a clinical picture so as to make an appropriate diagnosis & treatment plan. Please sign below authorizing that the information in this form has been read & filled out completely & accurately to the best of your understanding. Also, understand that the information in this form is considered confidential & for use by Applied Kinesiology Center of Clearwater. Any disclosure is outlined in our privacy policies.

_____ Patient's signature (or guardian's signature)

_____ Date

_____ Signature of translator or person assisting with this form (if any)

Printed name of said person _____ Date _____

Doctor's Notes:

Doctor's Initials: _____